

**Age-Friendly West Sacramento**  
**West Sacramento City Hall**  
 1110 West Capitol Avenue  
 West Sacramento, CA 95691

# Age-Friendly Newsletter



AGE-FRIENDLY  
**WEST SACRAMENTO**

Your Guide to Staying Connected with the City  
[www.cityofwestsacramento.org/agefriendly](http://www.cityofwestsacramento.org/agefriendly) | (916) 617-4500

## News

### Commission & Committees Application Are Open!

**WEST SACRAMENTO RESIDENTS!**  
*GET INVOLVED. SERVE YOUR COMMUNITY.*

**APPLY TODAY!**  
 Be considered for appointment to the following bodies:

- Arts, Culture & Historic Preservation Commission
- Board of Appeals
- Disaster Council
- Economic Development & Housing Commission
- Environment & Utilities Commission
- Parks, Recreation & Intergenerational Services Commission
- Planning Commission
- Transportation, Mobility & Infrastructure Commission

To apply online, please visit the City's Website:  
<http://wsac.city/commission-application>.  
 For additional information, please contact the office of the City Clerk at (916) 617-4500. Appointments will be made until all positions are filled.

**APPLICATIONS ARE DUE BY NOVEMBER 11, 2022.**

The City of West Sacramento is currently recruiting for the 2023-2024 term for Boards, Commission, & Committees. Recruitment closes on November 11, 2022.

During the last quarter of each even-numbered year and coinciding with the mayoral elections, the City conducts a biennial Boards & Commissions recruitment for reappointments and new appointments. The various City boards and commissions work directly with City staff in advising and providing recommendations to the City Council on many issues. These Mayor-appointed positions are a great way to get involved in your community.

Join the conversation and apply to one of the City of West Sacramento's Boards, Commissions, or Committees. Positions are available on the following:

- Arts, Culture, & Historic Preservation
- Board of Appeals
- Disaster Council
- Economic Development & Housing
- Environmental & Utilities Commission
- Parks, Recreation, & Intergenerational Services
- Planning Commission
- Transportation, Mobility, & Infrastructure

For additional information or if you are unable to submit this application electronically, please contact the City Clerk's Office at [clerk@cityofwestsacramento.org](mailto:clerk@cityofwestsacramento.org) or 916-617-4500 and you will be provided a hard copy application to submit via USPS or hand-delivery.

Applications available at: <https://wsac.city/commission-application>

## West Sac Connect

### Improve your community. Report an issue!

We are here to help! Residents claim, "The West Sacramento Connect app is great. City staff is very responsive!" West Sac Connect is a website where residents can report any non-emergency issues within West Sacramento and city staff will go out and handle it.

Some issues include:

- Abandoned shopping carts and vehicles
- Animal services
- Illegal dumping
- Potholes
- Street Light concerns/outages
- Sewer/water/landscape/park maintenance

To report any issues visit: [wsac.city/wsconnect](http://wsac.city/wsconnect)

**WEST SACRAMENTO CONNECT**  
**WEDNESDAY**

Report abandoned shopping carts on West Sac Connect:  
[wsac.city/wsconnect](http://wsac.city/wsconnect)

## Habitat for Humanity Comes to Bryte/Broderick!

The City of West Sacramento is partnering with Habitat for Humanity to help qualified homeowners fix up their property. This effort is part of Rock the Block!

Rock the Block is a two-day community impact event that brings together volunteers to work in partnership with neighborhood residents to complete dozens of critical home repairs, property beautification, and community projects over a single weekend.

Repair work is scheduled for the weekend of October 7-8, 2022 in Bryte/Broderick.

Please visit: <https://habitatgreatersac.org/RockBryteBroderick/> for more information and to apply.



**Do you live in this Rock the Block's Focus Neighborhood, and need home repairs? Applications are open now!**

## Via Rideshare Fleet Goes Electric!

The City of West Sacramento, is proud to announce that Via Rideshare has replaced its entire vehicle fleet with electric plug-in hybrid vehicles. The decision underscores the city's historic leadership in using tech and innovation to advance sustainable, equitable transportation for all.

Set up an account and request a ride by either downloading the "Via Affordable Rideshare" app on your smartphone or calling (916) 318-5101 from any phone. A passenger van will pick you up in minutes to take you to your destination.

To learn more, please call (916) 318-5101 or visit [www.cityofwestsacramento.org/via](http://www.cityofwestsacramento.org/via).



## 2022 Municipal Election

A municipal election will be held on November 8, 2022 for the offices of City Council and Mayor.

To register to vote or check if you are registered visit, [www.yoloelections.org/voter-registration](http://www.yoloelections.org/voter-registration).

To view current or historic election results, visit [www.yoloelections.org/election-returns](http://www.yoloelections.org/election-returns).

To locate the nearest Vote Center (VC) or Ballot Drop Box (BDB) by visiting, [www.yoloelections.org/voting](http://www.yoloelections.org/voting).



## COVID-19 Testing

The Yolo County Health and Human Services Agency installed a free COVID-19 test kit vending machine at the north entrance to City Hall. Community members can also get free home test kits during business hours at the Arthur F. Turner Library.

Individuals wishing to get saliva tests can still do so by contacting their doctor or checking with retail pharmacies.

For more testing options, please visit [www.YoloCounty.org/Covid](http://www.YoloCounty.org/Covid).



## 2-1-1 Yolo County

If you need help with healthcare, including COVID-19 related questions, housing, transportation, etc. call 2-1-1!

2-1-1 Yolo is the information hub for Yolo County, linking residents to vital health and human services, information, and resources in the community.

2-1-1 Yolo is free, multilingual, confidential, and available 24 hours per day, every day of the year. Please keep this number handy as you can call them to ask for information and services that you may need now or in the future!



## Food Assistance

Yolo County Food Bank is here to help any Yolo County resident in need of food assistance. Through its network of partner agencies, programs, and collaboration with Yolo 2-1-1 it can provide referrals specific to need and region.

To contact Yolo County Food Bank call: 1 530-668-0690, or call 2-1-1



View more community events at [www.cityofwestsacramento.org/agefriendly](http://www.cityofwestsacramento.org/agefriendly).

## HEAP

If you need help paying for your gas/electric/fuel bill, you can apply for the HEAP Program. You can access the application on their website: <http://www.nces.org>

Help may be obtained by calling the toll free number at 1-800-233-4480. You may leave your full name, mailing address, home phone number, and daytime phone number and an application will be mailed to you within 2-3 business days.

Or make an appointment at the Community Center by calling (916) 617-5320 and where you can get application help.



## Meals on Wheels

Meals on Wheels Yolo County continues to serve West Sacramento Seniors meals. When congregate meals became too risky at the onset of the COVID-19 crisis two years ago, Meals on Wheels' service delivery model pivoted solely to home delivered meals.

Meals on Wheels comes to your home courtesy of volunteer drivers. For more information or to find out if you are eligible for their home delivery service call (530) 662-7035.



## Eyes of Hope

VSP® Eyes of Hope® gift certificates provide adults and children in need with access to eye care and new glasses at no cost through a VSP network doctor in their community. Gift certificates are available to those who qualify. Please call 916-617-5320 for more information.

Who is Eligible:

- Individuals of any age.
- Family income at or under 200% of Federal Poverty Level guidelines.
- No coverage through a private insurer or government program for services covered by the gift certificate.
- Haven't received care through a VSP program during the last 12 months.



## October

- 1** Neighborgood Market at Sutter Health Park - 8am to 1pm (Every Saturday)
- 4** Mobile Farmers Market Stop at Margaret McDowell Manor - 12pm to 1:30pm (Every Tuesday)
- 4** Mobile Farmers Market Stop at Bryte Park - 2:30pm to 4pm (Every Tuesday)
- 6** Mobile Farmers Market Stop at West Capitol Courtyard - 12pm to 1:30pm (Every Thursday)
- 6** Mobile Farmers Market Stop at Washington Courtyard Entrance - 2:30pm to 4pm (Every Thursday)
- 7** COVID-19 Testing Site at City Hall - 9pm to 3:30pm (Every Friday)
- 17** Blood Drive at City Hall - 9am to 1pm
- 19** City Council Meeting at City Hall - 7pm to 11pm
- 27** Yolo County Job Fair at Washington Unified School District Office - 10am to 2pm



## November

- 2** City Council Meeting at City Hall - 7pm to 11pm
- 5** Neighborgood Market at Sutter Health Park - 8am to 1pm (Every Saturday)
- 11** Veterans Day (City Offices CLOSED)
- 16** City Council Meeting at City Hall - 7pm to 11pm
- 4** Mobile Farmers Market Stop at Washington Courtyard Entrance - 2:30pm to 4pm (Every Thursday)
- 6** Neighborgood Farmers Market - 8am to 1pm (Every Saturday)
- 7** Mobile Farmers Market Stop at Franquette - 9:30am to 12pm (Every Sunday)
- 19** Yolo County Children's Alliance's 17th Annual Community Giveaway Day at ? - ? to ?
- 24** Happy Thanksgiving! (City Offices CLOSED)



## December

- 2** West Sacramento Tree Lighting at City Hall - 6pm to 9pm ?
- 3** Neighborgood Market at Sutter Health Park - 8am to 1pm (Ends 12/10)
- 7** City Council Meeting at City Hall - 7pm to 11pm
- 21** City Council Meeting at City Hall - 7pm to 11pm
- 31** Happy New Year! (City Offices CLOSED)

